

## CURRICULUM VITAE

### BIOGRAPHICAL

Name: Adelaide L. Eichman

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Pittsburgh, PA 15224

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### EDUCATION and TRAINING

#### UNDERGRADUATE

2001–2005	University of Pittsburgh Pittsburgh, PA	BA, BS 2005	BA (Religious Studies), BS (Psychology), Chemistry minor, Women's Studies certificate <i>Summa Cum Laude</i>
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#### GRADUATE

2006–2010	University of Pittsburgh School of Medicine Pittsburgh, PA	MD 2010	Women's Health Area of Concentration
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#### POSTGRADUATE

2010–2013	Residency UPMC Children's Hospital of Pittsburgh Pittsburgh, PA	Program Director: Dena Hofkosh Discipline: Pediatrics
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### APPOINTMENTS and POSITIONS

#### ACADEMIC

2013–2014	Division of Child Advocacy UPMC Children's Hospital of Pittsburgh University of Pittsburgh School of Medicine Pittsburgh, PA	Visiting Assistant Professor of Pediatrics
2014 – 2021	Division of Child Advocacy UPMC Children's Hospital of Pittsburgh	Assistant Professor of Pediatrics

	University of Pittsburgh School of Medicine Pittsburgh, PA	
2021 – Present	Division of Child Advocacy UPMC Children’s Hospital of Pittsburgh University of Pittsburgh School of Medicine Pittsburgh, PA	Associate Professor of Pediatrics

#### **NON-ACADEMIC**

2013–2015	Children’s Community Care, Inc. Pittsburgh, PA Provide pediatric medical services to Children’s Community Care patients.	Physician
2014–Present	UPMC Mercy Burn Unit Consultative Service Pittsburgh, PA	Medical Director
2015–Present	Allegheny County CHECS Program (Child Health Evaluation and Coordination Services) UPMC Children’s Hospital of Pittsburgh Pittsburgh, PA	Assistant Medical Director
2019–Present	Erie County CHECS Program (Child Health Evaluation and Coordination Services) UPMC Hamot	Medical Director
7/2022 – present	Division of Child Advocacy UPMC Children’s Hospital of Pittsburgh Pittsburgh, PA	Clinical Director
7/2022 – present	Division of Child Advocacy Erie CARE Clinic Erie, PA	Medical Director

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#### **CERTIFICATION and LICENSURE**

##### **SPECIALTY CERTIFICATION:**

American Board of Pediatrics	2013
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##### **MEDICAL or OTHER PROFESSIONAL LICENSURE:**

Pennsylvania Medical License	2013–Present
DEA	2022–Present
PALS	2014–Present
BLS	2015–Present

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#### **MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES**

American Medical Association (AMA)	2006–2010
Allegheny County Medical Society (ACMS)	2006–2010

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## HONORS

Watson Humanism Honor Society <i>A peer-selected honor society at the University of Pittsburgh School of Medicine that recognizes medical students who are considered to exemplify the characteristics of humanism.</i>	2009–Present
Certificate for Outstanding Scholarly Project Award <i>Qualitative study of women arrested for Intimate Partner Violence (IPV) with Dr. Judy Chang.</i>	2010
Susan K. Makoroff Award <i>For the resident in pediatrics who practices compassionate care with respect for patients and their families, recognizing the important integration of social and emotional support in healthcare.</i>	2013
Department of Pediatrics, UPMC Children’s Hospital of Pittsburgh Chair Distinction Awardee <i>For providing outstanding clinical services.</i>	2016
Bridges Education Champions Faculty Development Program <i>Participated in the program to advance the quality of educator development and the impact of teaching and educational scholarship in the Department of Pediatrics and CHP.</i>	2016–2017
Linda Strangio Editor’s Award for 2017 <i>For the article “Understanding the Importance of Radiology Screening When Suspecting Child Abuse” that appeared in the June 2017 issue of the Journal of Radiology Nursing.</i>	2018
Office of Faculty Development, Professional Leadership Grant <i>To attend the Early Career Women Faculty Leadership Development Seminar sponsored by the Association of American Medical Colleges (AAMC), a competitive leadership development program designed for women physicians and scientists holding medical school faculty appointments at the assistant professor level.</i>	2019

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## PUBLICATIONS

### ORIGINAL PEER REVIEWED PUBLICATIONS

1. Li S, Levick A, **Eichman A**, Chang JC. Women’s perspectives on the context of violence and role of police in their intimate partner violence arrest experiences. *Journal of Interpersonal Violence*. 2015 Feb;30(3):400–419.
2. Karakachian A, **Eichman A**, Sekula K. Understanding the importance of radiology screening when suspecting child abuse. *Journal of Radiology Nursing*. 2017 Jun;35(2).
3. Wolford JE, Berger RP, **Eichman AE**, Lindberg DM; ExSTRA Investigators. Injuries suggestive of physical abuse in young children with subconjunctival hemorrhages. *Pediatr Emerg Care*. 2022 Feb 1;38(2):e468–e471. doi: 10.1097/PEC.0000000000002436. PMID:34009893.
4. Ragavan MI, Skinner C, Killough EF, Henderson C, Eichman AL, Randell KA. Child protective services reports in the context of intimate partner violence: A Delphi process examining best practices. *Academic Pediatrics* 2022 Jul;22(5):833-841. Doi:10.1016/j.acap.2022.02.019. Epub 2022 Mar 5. PMID:35259548.

### OTHER NON-PEER REVIEWED PUBLICATIONS

1. **Eichman AL**. Keeping medications to treat opioid dependence away from children is crucial [letter to the editor]. Post-gazette.com, Aug 27, 2014. <https://liber.post-gazette.com/opinion/letters/2014/08/27/Keeping-medications-to-treat-opioid-dependence-away-from-children-is-crucial/stories/201408%E2%80%A6>

2. **Eichman A.** Review: The prevalence of confirmed maltreatment among US children, 2004–2011. *The Quarterly Update*. 2014 Autumn: 35-36.
3. The National Center on Addiction and Substance Abuse (CASA). Report on: Childhood poisoning: Safeguarding young children from addictive substances [Contribution via interview]. New York. 4/10/18. <https://www.centeronaddiction.org/addiction-research/reports/childhood-poisoning-safeguarding-young-children-addictive-substances>
4. **Eichman A.** Review: Influence of agents and mechanisms of injury on anatomical burn locations in children <5 years old with a scald. *The Quarterly Update*. 2021 Summer: 82.

#### BOOK CHAPTERS

1. Carrasco, M., Wolford, J., **Eichman, A.** Child Abuse and Neglect. In: Nowalk A, McIntire S, Zitelli B, Garrison J, editors. Atlas of Pediatric Physical Diagnosis. 8th Edition, 2020. *In press*.

#### PUBLISHED ABSTRACTS

1. **Eichman AL.** Arresting the victim: Experiences of women arrested for partner violence. National Conference on Health and Domestic Violence. New Orleans, LA. Oct 8–10, 2009. P. 85.

#### POSTER ABSTRACTS

1. Karakachian A, **Eichman A**, Sekula K. Understanding the importance of radiology screening when suspecting child abuse. Children’s Hospital of Pittsburgh 8<sup>th</sup> Annual Pediatric Nursing Conference: Raising the Bar: Advances in Pediatric Care. 10/27/17.

#### WEBINAR

1. **Eichman, A. L.** (2022 September, 21). *Minor Injuries, Major Implications for Safety: Identifying Sentinel Injuries*. Pediatrics INSIGHTS Webinar Series. Pittsburgh. [INSIGHTS Webinar Series](#) | [GoToStage.com](#)

#### EDUCATIONAL PODCASTS

<http://www.pacwrc.pitt.edu/podcasts.htm>

Title	Co-presenter	Date Taped	Date Launched	Number of Downloads
Neonatal Drug Exposure	Andrea Merovich	1/3/17	7/27/2017	118
Improving Collaboration Between CW and Health Care Professionals	Rachel Berger, MD MPH	1/3/17	11/21/2017	156
Developmental Milestones	Jenna Gaesser, MD	12/6/17	4/9/2020	54
Developmental Expectations	Jenna Gaesser, MD	12/6/17	4/9/2020	49
Depression	Cristin McDermott, MD and Victoria Winkeller, MD	2/12/18	8/28/2020	N/A
Injuries	Chris McKenna, CRNP	2/12/18	7/31/20	N/A
Pain Syndrome	Angela Garcia, MD	1/10/19	11/20/2020	N/A
Concussions	Angela Garcia, MD	1/10/19	10/23/2020	N/A
Asthma	Allyson Larkin, MD	1/10/19	11/6/2020	N/A
Constipation	Arvind Srinath, MD	1/11/19	12/4/2020	N/A
Somatic Pain	Arvind Srinath, MD	1/11/19	12/18/2020	N/A
Cerebral palsy	Jason Edinger, DO	<i>Scheduled, however canceled secondary to the COVID19 Pandemic</i>		
Seizures	William Welch, MD	<i>Scheduled, however canceled secondary to the COVID19 Pandemic</i>		

Congenital heart lesions	Thomas Seery, MD	<i>Scheduled, however canceled secondary to the COVID19 Pandemic</i>		
Eye issues	Ellen Mitchell, MD	<i>Scheduled, however canceled secondary to the COVID19 Pandemic</i>		
Diabetes	Natalie Hecht-Baldauff, DO	<i>Scheduled, however canceled secondary to the COVID19 Pandemic</i>		

## PROFESSIONAL ACTIVITIES

### TEACHING ACTIVITIES

#### University of Pittsburgh School of Medicine, Medical Students:

Title of teaching session	Role	#Learners/Yr	Total Hrs/Yr	Year(s)
Child Abuse for clerkship students	Lecturer	120–144	24	2013–Present
Kawasaki Disease	Attending physician	6–8	1	2014
Head Trauma: Radiologic	Attending physician	6–8	11	2014
Developmental Milestones	Attending physician	6–8		2016
Bone Pathology and Fractures	Attending physician	6–8	1	2016
Pediatric Advanced Physical Exam Course	Attending physician	4	15	2014–2015

#### UPMC Children’s Hospital of Pittsburgh Resident Teaching:

Title of teaching session	Role	#Learners/Yr	Total Hrs/Yr	Year(s)
Mortality and Morbidity Conference	Presenter	60	2	2013
“Physical Child Abuse” for house staff	Presenter	30	1	2014–2018
CAC rotation residents “Physical Abuse”	Presenter	36–48	8–12	2014–Present
CAC rotation residents “Neglect”	Presenter	36–48	8–12	2014–Present
CAC rotation residents “Burns”	Presenter	36–48	8–12	2014–Present

#### UPMC Children’s Hospital of Pittsburgh Pediatric Emergency Medicine Fellows:

Title of teaching session	Role	#Learners/Yr	Total Hrs/Yr	Year(s)
Pediatric Emergency Medicine Division Conference. “CAC Case Reviews”	Presenter	10–15	4–6	2014–Present

#### UPMC Attending Physician Teaching:

Title of teaching session	Role	#Learners/Yr	Total Hrs/Yr	Year(s)
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General Academic Pediatrics Faculty Meeting. "Case Presentation: 16-Year-Old with Severe Anemia – A Very Rare Pediatric Pathology"	Presenter	24	1	2014
Trauma Conference. "Quarterly Child Maltreatment Update"	Presenter	40–50	6–8	2014–Present
Pediatric Surgery Department meeting "Clinical Guidelines for Evaluation and How to Talk to Parents about Child Abuse"	Presenter	25	2	2015
Rehabilitation Unit. "The Child Advocacy Center: Who We Are and How We Can Help"	Presenter	20	1	2015
Ophthalmology Department meeting "Physical Abuse Basics for Ophthalmologists"	Presenter	40	1.5	2016
Physical Medicine and Rehabilitation Department meeting "Child Abuse and Neglect"	Presenter	20	1.5	2017
Physical Medicine and Rehabilitation Department meeting "Child Abuse and Neglect"	<i>Invited and scheduled, however canceled secondary to the COVID19 Pandemic</i>			2020
Ophthalmology Department meeting "Physical Abuse Basics for Ophthalmologists"	Presenter	40	1	2021
Physical Medicine and Rehabilitation Department meeting "Child Abuse and Neglect"	Presenter	40	1	2021

#### **EMS Teaching:**

<b>Title of teaching session</b>	<b>Role</b>	<b>#Learners/Yr</b>	<b>Total Hrs/Yr</b>	<b>Year(s)</b>
Ross/West View EMS 'Child Maltreatment Evaluation for EMS'	Presenter	30	2	2015
UPMC East. Third Thursday Lecture Series. "Child Abuse and Neglect"	Presenter	60	2	2016
Presenter UPMC Mercy Hospital. Third Thursday Program 2017 Paramedic Refresher "Child Abuse and Neglect - Children with Special Healthcare Needs"	Presenter	50	2	2017

#### **UPMC Mercy Social Work Teaching:**

<b>Title of teaching session</b>	<b>Role</b>	<b>#Learners/Yr</b>	<b>Total Hrs/Yr</b>	<b>Year(s)</b>
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“Evaluation of Burns for Child Abuse and Neglect: A Guide for Social Workers”	Presenter	25	2	2018
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#### **UPMC Nurse Teaching:**

<b>Title of teaching session</b>	<b>Role</b>	<b>#Learners/Yr</b>	<b>Total Hrs/Yr</b>	<b>Year(s)</b>
UPMC Children’s Hospital of Pittsburgh Trauma Nurse Course, “Child Maltreatment”	Presenter	150–300	6-8	2014–Present
UPMC Mercy Hospital Trauma Nurse Course, “Child Maltreatment”	Presenter	25–120	2–6	2015–2017
UPMC Mercy Hospital Trauma Nurse Lecture, “Child Abuse and the CHP CAC’s Relationship with Mercy Burn Unit”	Presenter	50	2	2017
UPMC Trauma Nursing Symposium, “Pediatric Burns: Differentiating Between Abuse, Neglect, and Freak Accident”	Presenter	250	22	2017
UPMC Children’s Hospital of Pittsburgh PICU nurses “Non-accidental Trauma: Communicating with Parents and Medical Record Documentation”	Presenter	40	2	2018
UPMC Children’s Hospital of Pittsburgh nurses Schwartz Center Rounds “Care of Child-Family & Ethical Issues”	Panelist	35	1.5	2019

#### **UPMC Children’s Hospital of Pittsburgh Advanced Practice Provider (APP) Teaching:**

<b>Title of teaching session</b>	<b>Role</b>	<b>#Learners/Yr</b>	<b>Total Hrs/Yr</b>	<b>Year(s)</b>
APP Bootcamp “Basics of Abuse for APPs”	Presenter	30	4	2019–Present

#### **Curriculum Development/Teaching Products:**

##### **Being Well Health Series Educational Handouts:**

Being Well is a collaborative effort of the UPMC Children's Hospital of Pittsburgh and the Pennsylvania Child Welfare Resource Center. A series of 15 health and wellness handouts prepared on topics directly related to children is available at the following website: <http://www.beingwell.pitt.edu/index/html>.

<b>Title of Handout</b>	<b>Number of Downloads</b>
What is a Well Child Check?	98
What is Neonatal Abstinence Syndrome (NAS)?	55
What is Diabetes?	20
What is Fetal Alcohol Spectrum Disorder (FASD)?	12
What is Down Syndrome?	10
What are Allergies?	8
All About Eye Health	7
What is Cerebral Palsy?	7
What is Cystic Fibrosis?	7

What are Lice, Scabies, BedBugs?	7
What is Developmental Dysplasia of the Hip (DDH)?	6
What is Attention Deficit Hyperactivity Disorder (ADHD)?	5
What is Respiratory Syncytial Virus (RSV)?	5
What is Dental Hygiene?	3
What is a Urinary Tract Infection (UTI)?	2

### **Educational Leadership:**

#### **Course Director:**

Fourth Year Child Abuse Elective  
Division of Child Advocacy  
UPMC Children's Hospital of Pittsburgh

Created elective, developed curriculum, and became first course director of the child abuse elective for medical students.

#### **Child Welfare Resource Center Podcast Creation Coordinator:**

Dr. Eichman researches topics, creates scripts, collaborates with expert guests, and orchestrates the taping of the podcasts.

#### **State of Pennsylvania Child Abuse Preceptorship Faculty Coordinator:**

CHP physician leader for the American Academy of Pediatrics (AAP) Pennsylvania Child Abuse Preceptorship, a competitive, 60-hour preceptorship for medical professionals in Pennsylvania who are interested in becoming local child abuse experts.

### **Mentoring:**

<b>Mentee Name</b>	<b>Mentor Role</b>	<b>Context</b>	<b>Year(s)</b>
Matthew Valente	Career advisor	Residency	2014–2017
Michael Certo	Career advisor, Clinic preceptor, Scholarly Project Mentor	Residency	2016–Present
Margaret Russell	Career advisor	Residency	2020–Present

## **RESEARCH**

### **Non-Funded Research:**

2/2018–Present      Quality Improvement Project – Number 1549 “Templated reporting form for child abuse”  
Creation of a form to guide physicians in the CHP emergency department in filing Childline referrals with the goal of improving the effectiveness of these referrals. The QI project proved that there was a statistically significant improvement in the quality of Childlines filed after the template intervention, and that this improvement was sustained over time.

## **LIST of CURRENT RESEARCH INTERESTS**

Toxic stress, intimate partner violence, early childhood education



## INVITED SEMINARS AND LECTURESHIPS

### Regional:

Forum and Title of teaching session	Role	Location	Year(s)
<b>Educating Pediatricians in the Community: Child Abuse and Neglect (EPIC SCAN):</b>			
	Presenter	Greentree Medical Associates	2013
	Presenter	Children's Community Pediatrics, Pittsburgh, PA	2014
	Presenter	Preferred Primary Care Physicians, Mt. Lebanon, PA	2018
	Presenter	Washington County Medical Society	2018
	Presenter	Butler Health System, Butler, PA	2018
<b>Pittsburgh Conference on Child Maltreatment:</b>			
"Physical Abuse Findings"	Presenter	Pittsburgh, PA	2014
"Hot Topics in Physical and Sexual Maltreatment: A Picture is Worth a Thousand Words"	Presenter	Pittsburgh, PA	2015
"Physical Abuse Examinations: Microscope vs. Magnifying Glass"	Presenter	Pittsburgh, PA	2016
"Mimickers of Sexual and Physical Abuse"	Presenter	Pittsburgh, PA	2018
"You've Been Served" - Testimony by Medical Professionals in Child Abuse Cases	Presenter	Pittsburgh, PA	20021
<b>Child First Pennsylvania: "Medical Evaluations of Sexual Abuse Concerns"</b>			
	Presenter	Greensburg, PA	2014
	Presenter	Butler Family Pathways, Butler, PA	2015
	Presenter	Indiana University of Pennsylvania, Indiana, PA	2018
	Presenter	Indiana University of Pennsylvania, Indiana, PA	<i>Invited and scheduled, however canceled secondary to the COVID19 Pandemic</i>
<b>Mid-West Regional Child Advocacy Center Peer Review Online Medical Peer Review: "Labial Hematoma of Unknown Origin"</b>	Presenter	Pittsburgh, PA	2015
<b>Child Protective Services, All-day Training: "A Medical Evaluation for Child Maltreatment: What CPS Needs to Know"</b>			
	Presenter	Westmoreland County Children's Bureau, Greensburg, PA	2016
	Presenter	Erie County Office of Children and Youth, Erie, PA	2017
	Presenter	Westmoreland County Children's Bureau, Greensburg, PA	2018

<b>State of Pennsylvania Child Abuse Preceptorship Didactics:</b>			
“Child-abuse Reporting Laws in Pennsylvania”	Presenter	2017: Webinar format 2018-2019: Hershey, PA	2017–2019
“Testifying in Court”	Presenter	2017: Webinar format 2018-2019: Hershey, PA	2017–2019
“Medical Neglect”	Presenter	2017: Webinar format 2018-2019: Hershey, PA	2017–2019
“Medical Child Abuse”	Presenter	2017: Webinar format 2018-2019: Hershey, PA	2017–2019
“Sentinel Injuries in Infants – What You Need to Know”	Presenter	Westmoreland County Children’s Bureau, Greensburg, PA	2017

#### **Local:**

<b>Forum and Title of teaching session</b>	<b>Role</b>	<b>Location</b>	<b>Year(s)</b>
Allegheny County Department of Human Services, Act 33 Child Fatality/Near Fatality Reviews	Presenter	Pittsburgh, PA	2013–Present
Court Appointed Special Advocates (CASA) Board of Directors’ Retreat “Child Abuse/Neglect/Injuries 101”	Presenter	Coraopolis, PA	2014
Western Psychiatric Hospital Grand Rounds “Toxic Stress and Child Abuse”	Panelist	Pittsburgh, PA	2014
Moms and Cops Pittsburgh Bureau of Police “Protecting Children is Everybody’s Responsibility”	Presenter	Pittsburgh, PA	2015
Allegheny County ACCYF CHECs Program Monthly Lunch & Learn series	Presenter	Pittsburgh, PA	2015-Present
Allegheny County Court Continuing Education Lecture “What is the CAC?”	Presenter	Pittsburgh, PA	2016
Allegheny County Children, Youth and Families, “Recognizing and Responding to Children at Risk – A Clinical Presentation of Suspected Child”	Presenter	Pittsburgh, PA	2020
UPMC Children’s Hospital of Pittsburgh Child Abuse Grand Rounds “Child Maltreatment Training”	Co-presenter	200	2020

#### **SERVICE**

##### **University and Medical School Service**

2014–Present      Faculty Co-Sponsor, Resident Book Club  
2018–Present      Member, Trauma Medical Advisory Committee, UPMC Children’s Hospital of Pittsburgh  
2018–Present      Member, Ethics Committee, UPMC Children’s Hospital of Pittsburgh

##### **Regional Service**

- 2013–Present      Member, EPIC SCAN Advisory Board  
American Academy of Pediatrics, PA Chapter  
This committee includes representatives of the AAP, physicians, and other professionals who work in the field of child abuse in PA. Meetings are held 4 times a year.
- 2018–Present      Contributor, Pennsylvania Child Abuse Medical Summit  
An annual, multi-disciplinary meeting to improve the response to children affected by and at risk for abuse across the Commonwealth.